

Your airbrush spray tan will be applied in a private room with an odorless natural solution that does not contain perfumes or artificial preservatives. It will last 5-7 days depending upon your skin type and provided you have followed the BEFORE & AFTER tanning instructions. If you have had a sunburn in the last 30 days you CANNOT be sprayed. The results will be disastrous, especially if you are tanning for an event.

#### BEFORE TANNING

To ensure that you receive maximum benefit from your tan it is important that you exfoliate your entire body prior to application. This includes shaving and or waxing which should be done 24 hours prior, NOT the day of. An exfoliating glove with your own body wash will work the best paying particular attention to any rough areas like knees, elbows, ankles and the tops of your toes. If you do not have an exfoliating glove I always have some at the salon which I am happy to provide complimentary prior to your appointment. If you are unsure of how to exfoliate please ask prior to your appointment. The success of your tan is contingent on thorough exfoliating! Please do not use Dove soap products before OR after tan, they are known for increasing fading of your tan and becoming blotchy. Do NOT apply moisturizer, makeup or perfumes to your skin prior to getting your spray tan as this will reduce the effectiveness of your tan and can cause unevenness. Also please be careful of using razors with a moisturizing strip prior to tanning. This can leave streak marks on your legs as the residue is hard to remove. Lightly exfoliate after shaving to avoid this if your razor does contain a moisturizer strip. All other appointments should be done at least one day before your tanning session such as mani/pedi, waxing, botox, facials, massage as many of these services are exfoliating to the skin. To ensure optimal results please do NOT shower less than 4 hours prior to your appointment.

#### CLOTHING

Wear suitable tanning attire during your appointment. Ladies dress down to your comfort level. However, if you are wearing undergarments/swimsuit during the tanning process please wear dark colors. At this time I do not spray tan men. We also recommend that you wear dark, loose fitting attire such as sweatpants, baggy sweatshirts, and flip flops after your appointment. Most choose not to put their bra back on after spraying to avoid any rubbing and creating a "tan line" during processing. Please do not wear anything red after your session. Red dye can react with the spray tan. Minor rub off can occur after your tan, and whilst minor rub off will easily wash out of most fabrics, some lighter colored materials, including leather and silk, may stain.

#### AFTER TANNING

Once your tan is applied you must leave it to dry completely. I'm currently only using a rapid tan formula, you will not be able to get wet until it is time to rinse which will be anywhere from 2-3 hours so ensure that this will work with your schedule for the day. This means no washing your hands, swimming or applying moisturizer and don't forget an umbrella if its raining! This will be a rinse only, a full soap shower the following morning, at least 12 hours from your tan, is the best option. We recommend that you do not exercise or perspire excessively between the tanning and showering phase. Do not sit directly on leather or light fabric the day of your tanning session, sit on a towel instead especially in your car if you are wearing shorts after.

When showering the initial bronzer washes off. Do not be alarmed by this.

Applying a quality moisturizer twice daily after showering will reduce the rate at which your skin exfoliates keeping your tan looking better for longer. Avoiding long baths, Jacuzzis and extended chlorinated swimming sessions will also help prolong the life of your spray tan. And of course you should avoid any products designed to exfoliate your skin. When showering we recommend that you use only soft body wash that is free of sodium lauryl sulfate rather than normal soaps which can be abrasive and drying which in turn reduces the lifespan of your tan. I carry body wash for sale at the salon if you find that yours contains SLS. Pat yourself dry, do not rub! Band Aids, pore strips, and waxing will all remove your tan. Avoid baby oil/mineral oil/petro-based products.